



# WHEN SHOULD MY CHILD STAY HOME FROM SCHOOL?

## YOUR CHILD SHOULD STAY HOME IF:

- Your child has tested **positive** for COVID-19
  - Your child has been tested for COVID-19 and is **waiting for the results**
  - Your child is **ill and has symptoms outlined below** that cannot be attributed to another illness (i.e. allergies, common cold):
    - Cough / Shortness of breath or difficulty breathing \*
    - New loss of taste or smell \*
    - Fever (>100 F) or chills \*\*
    - Nausea \*\*\* or vomiting \*\*
    - Diarrhea \*\*
    - Headache \*\*\*
    - Congestion or runny nose \*\*\*
    - Fatigue \*\*\*
    - Muscle or body aches \*\*\*
    - Sore throat \*\*\*
- Students with **ONE** of the symptoms marked \* may not come to school.
- Students with **ONE** symptom marked \*\* may not come to school.
- Students with **two or more** of symptoms marked \*\* and \*\*\* may not come to school.

All notes from medical providers OR proof of negative COVID tests must be forwarded to your child's health room at least 24 hours before your child's re-entry into the building. Students must be free of diarrhea, vomiting or fever for 24 hours without the use of medication before returning to school.



## PLEASE REPORT SYMPTOMS AND EXPOSURES

**Contact** your physician for next steps and see below for further instructions.

**Call** your school attendance line to **report** your child's absence

- Report if your child has been exposed to someone who has tested positive to COVID
- Report ALL symptoms they are having
- Report if your child is too ill to attend virtual instruction



# WHEN CAN MY STUDENT RETURN TO FACE-TO-FACE INSTRUCTION?

IF YOUR CHILD:	YOUR CHILD MAY RETURN TO FACE-TO-FACE INSTRUCTION:
<p><b>Diagnosed with COVID-19 and showing symptoms</b></p>	<ul style="list-style-type: none"> <li>- At least 10 days have passed since symptoms started AND no fever (100°F or greater) in at least 24 hours without using any medication to lower fever AND there are improvement in symptoms</li> <li>- Follow any other guidelines given to you from the Health Department               <ul style="list-style-type: none"> <li>***Household siblings stay home to quarantine</li> </ul> </li> </ul>
<p><b>Tested positive for COVID-19 and not showing symptoms</b></p>	<ul style="list-style-type: none"> <li>- 10 days after the positive COVID-19 test.</li> <li>- Follow any other guidelines given to you from the Health Department               <ul style="list-style-type: none"> <li>***Household siblings stay home to quarantine</li> </ul> </li> </ul>
<p><b>Was sick but did not get tested for COVID-19</b></p>	<ul style="list-style-type: none"> <li>- At least 10 days have passed since symptoms started AND no fever (100°F or greater) in at least 24 hours without using any medication to lower fever AND improvement in symptoms OR healthcare provider note indicating child was assessed and COVID-19 has been ruled out or alternative diagnosis is provided</li> <li>- Medical provider note must be given to Health Room 24 hours prior to re-entry to class               <ul style="list-style-type: none"> <li>***Household siblings stay home if ill student has known exposure to COVID</li> <li>***Household siblings come to school if ill student has no known exposure to COVID</li> </ul> </li> </ul>
<p><b>Was sick but tested negative for COVID-19</b></p>	<ul style="list-style-type: none"> <li>- Stay home until feeling better and have not had a fever for 24 hours without using any medication to reduce fever.</li> <li>- Proof of the negative test must be given to the Health Room at least 24 hours before re-entry to school               <ul style="list-style-type: none"> <li>***Household siblings stay home if ill student has known exposure to COVID</li> <li>***Household siblings come to school if ill student has no known exposure to COVID</li> </ul> </li> </ul>
<p><b>Was exposed to someone with COVID-19</b></p>	<ul style="list-style-type: none"> <li>- After 14 days from the last possible exposure is the safest approach to limiting the spread. There are, however, options to shorten the quarantine to 7 or 10 days. Please contact the district nurse for that information.               <ul style="list-style-type: none"> <li>***Household siblings stay home if exposed student has symptoms</li> <li>***Household siblings come to school if exposed student is without symptoms</li> </ul> </li> </ul>

If your student tests positive for COVID-19 and has attended face-to-face instruction or been on the District Campus within two days of when symptoms first started, please contact District Nurse Pam Jesse, RN at (262) 789-6439 or [pam.jesse@nbexcellence.org](mailto:pam.jesse@nbexcellence.org)

All notes from medical providers OR proof of Negative COVID tests must be forwarded to your child's Health Room at least 24 hours before your child's re-entry into the building